ONLINE TRAINING COURSE CATALOG

School-Specific Courses

- Asthma Basics for Schools (20 min.)
- Bullying, Cyber-bullying, Hazing & Harassment Series
  - Introduction to Bullying (20 min.)
  - Introduction to Hazing (20 min.)
  - Introduction to Cyber-bullying (20 min.)
  - Introduction to Harassment (20 min.)
  - Effects of Bullying (15 min.)
  - Test your Knowledge (15 min.)
  - Bullying Prevention & Response (20 min.)
  - Bullying, Hazing, Harassment & the Law (20 min.)
- Child Abuse Recognition & Reporting
- Cultural Competence for Schools (30 min.)
- English as a Second Language Series
  - Overview (20 min.)
  - Working with ESL Students
- Federal Programs Series
  - Title I Part A of the NCLBA (20 min.)
  - Title VI of the Civil Rights Act of 1964 (20 min.)
  - Title IX (20 min.)
  - Title X Part C of the ESEA (30 min.)
- Food Allergy Awareness (45 min.)
- Heads Up Concussion Training (60 min.)
- Internet Safety and the CIPA (30 min.)
- Tennessee Teacher Code of Ethics (20 min.)
- The Kinesthetic Classroom Professional Development Series
  - Part 1: What is the Kinesthetic Classroom? (30 min.)
  - Part 2: Why Use Movement to Support Learning (30 min.)
  - Part 3: Preparing the Brain Using Movement (30 min.)
  - Part 4: Providing Brain Breaks Using Movement (30 min.)
  - Part 5: Supporting Exercise (30 min.)
  - Part 6: Developing Class Cohesion (30 min.)
  - Part 7: Reviewing Content (30 min.)
  - Part 8: Teaching Content (30 min.)
  - Part 9: Managing a Classroom (30 min.)
  - Part 10: Managing a Student (30 min.)
- Mental Health In School
  - What Teachers and Staff Need to Know (15 min.)
- Safe at School: Diabetes Awareness Series
  - Diabetes Basics (15 min.)
  - Diabetes Medical Management Plan (15 min.)
  - Hypoglycemia (15 min.)
  - Hyperglycemia (15 min.)
  - Nutrition and Physical Activity (15 min.)
  - Legal Considerations (15 min.)
- Sexual Harassment: Special Circumstances for Schools (15 min.)
- Youth Suicide Prevention Modules 1-4 (120 min ea.)

OSHA & Safety Courses

- Arc Flash and Arc Blast Safety in the Workplace
- Asbestos Awareness for Employees
- Asbestos Awareness for Supervisors
- Basic Electrical Safety
- Bloodborne Pathogens
- Emergency Action & Fire Prevention Plans
- Exit Routes
- Fall Protection in General Industry
- Hand & Power Tool Safety
- Hazard Communication 2-Part Series for Employees
- Hazard Communication for Supervisors
- Hearing Loss and Prevention
- Heat Illnesses and Prevention
- Ladder Safety
- Lead Safety Awareness in the Workplace
- Personal Protective Equipment for Employees
- Personal Protective Equipment for Supervisors
- Portable Fire Extinguishers
- Preventing Back Injuries for Employees
- Preventing Back Injuries for Supervisors
- Preventing Slips, Trips, & Falls
- Supervisors Role in Safety

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ONLINE TRAINING COURSE CATALOG

Benefits Education Courses

- Annual Compliance Tracking for Benefits Notices, like HIM Notice, SBC Notices, and more!
- Retirement Planning Educational Series
  - 401(k) / 401(k) Roth
  - 403(b) / 403(b) Roth
  - 457 Plans
  - Full integration with Electronic Notices App provides annual compliance notifications and tracking
- Flexible Spending Account (FSA) Educational Series

Stress Management Series

- Types and Effects of Stress (15 min.)
- When Stress Becomes a Problem (15 min.)
- Introduction to Managing Stress (15 min.)
- Resiliency and Stress (15 min.)
- Coping Skills (15 min.)
- Healthy Sleep (15 min.)
- Time Management (15 min.)
- Post-Traumatic Stress Disorder (15 min.)

Human Resources Courses

- Sexual Harassment: Introduction (20 min.)
- Drug-Free Workplace Series – Employees
  - Drug-Free Workplace Program Overview, Policy Statement & Certificate of Agreement
  - Employee Overview
  - Impact on the Workplace Substance Use and Abuse Signs and Symptoms
  - Family and Coworker Impact
  - Getting Help (available with or without EAP)
  - Drugs of Abuse: Alcohol and Marijuana
  - Drugs of Abuse: Inhalants, Cocaine, and Stimulants
  - Drugs of Abuse: Depressants and Hallucinogens
  - Drugs of Abuse: Narcotics and Designer Drugs Resources
- Drug-Free Workplace Series – Supervisors
  - Supervisor Overview Identifying Situations
  - Intervening (available with or without EAP)
  - Referring for Assistance (available with or without EAP)
  - Impact as Supervisor
  - Reasonable Suspicion Training

TRAINING TO HELP REOPEN DURING COVID-19

Additional courses may be added to better meet the needs of school districts.

Courses Under Development

- CDC Safety in Pandemic
- FFCRA Leave Requirements

Leader U Professional Development

* Previously TASL accredited

- Remote Teaching - A Beginner's Guide
- Creating Videos for Online Instruction
- Online Learning for Littles
- Using Zoom with Littles
- More Online Training for Secondary
- Blended Learning: Lessons from the Field*
- Brain Building Across the Gaps*
- Bridging Gaps/Cultivating Curiosity*
- Close Reading, Extended Writing, & Accountable Talk*
- Code of Ethics Training*
- Dyslexia-Identification, Instruction and Accommodations (2 hrs)*
- Engaging Students Through Google Classroom*
- Instructional Leadership in an Online Environment*
- Literacy Strategies for English Language Learners*
- Operation and Maintenance of K-12 School Facilities
- Practical Ways to Deal with the Poverty Issue*
- Restorative Practices and Seeking Justice through Restoration*
- Student Discipline in the Cyber Age*
- Teaching the Dyslexic Student*
- The Power of Persistence: Promoting Motivation, Self-Regulation, and Engagement for Struggling Readers*
- Top 10 Things an IEP Team Member Should Know*
- Understanding Dyslexia*

Lewis Thomason Buy-Up Content

Only $129 per course; discounts when purchasing 3 or more!

Visit our website, mybenefitschannel.net, to purchase.

- COVID-19 & Personnel Issues
- COVID-19 & Student Issues
- Title IX – New Harassment Rules

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